

BOYS CROSS COUNTRY SEASON	COACH	TEAM FINISH AT CONFERENCE	TEAM FINISH AT DISTRICTS	TEAM POINTS AT STATE	TEAM PLACE AT STATE
2025	M Curran				
2024	M Curran		Runner Up	130	8th
2023	M Curran	Champion	3rd	132	7th
2022	M Curran	Runner Up	Runner Up	180	11th
2021	M Curran	Runner Up	Runner Up	134	7th
2020	M Curran				
2019	M Curran	Runner Up			
2018	M Curran				
2017	S Horner		Runner Up	113	9 th
2016	S Horner				
2015	S Horner				
2014	S Parson				
2013	S Parson				
2012	S Parson		3 rd	125	10 th
2011	S Parson		Runner Up	131	9 th
2010	S Parson		Runner Up	114	8 th
2009	S Parson		3 rd	140	9 th
2008	S Parson				
2007	S Parson				
2006	S Parson				
2005	M Dam				
2004	D Hall				
2003	D Hall				
2002	D Hall/T Engel				
2001	E Whitemore				
2000	E Whitemore				
1999	E Whitemore	Runner Up			
1998	E Whitemore				

1997	D Ziola	Runner Up			
1996	D Ziola	Champion			
1995	D Ziola	Champion			
1994	D Ziola	Champion			
1993	D Ziola	Champion	3 rd	108	8 th
1992	D Ziola		3 rd	103	7 th
1991	D Ziola	Runner Up	Runner Up	112	8 th
1990	D Ziola	Champion	Champion	95	7 th
1989	D Ziola	Champion	Champion	96	5 th
1988	D Ziola				
1987	D Ziola	Champion			
1986	D Ziola	Champion			
1985	D Ziola	Champion	Runner Up	173	11 th
1984	D Ziola	Champion	Champion	98	5 th
1983	D Ziola		3 rd	131	10 th
1982	D Ziola		3 rd	121	9 th
1981	D Ziola				
1980	D Ziola	Runner Up			
1979	D Ziola				
1978	D Ziola				
1977	B Williams				
1976	D Connolly				
1975	D Fernau		3 rd	183	14 th
1974	D Fernau				
1973	D Fernau				

BOYS CROSS COUNTRY SCHOOL RECORDS 5K

Randy McDowell	15:58	1986-87			
Dan Christensen	16:18	1993-94			
John Christensen	16:19	1990-91			
Lonnie Graver	16:28	1986-87			
John Morrison	16:34	2001-02			

Zac Newkirk	16:34	2012-13		
Jeff Jensen	16:36	1998-99		
Pat Thompson	16:36	1986-87		
Bruce Larsen	16:37	1990-91		
Matt Mellama	16:40	2012-13		
Nolan May	16:45	2023-24		
Mike Grefe	16:48	1986-87		
Chad Morrison	16:48	1995-96		
Zach Kaup	16:49	2008-09		
Troy Brainerd	16:56	1985-86		
Tom Harmon	16:56	1980-81		
Ray Mather	16:56	1986-87		
INDIVIDUAL STATE QUALIFIERS AND PLACERS				
Ashton Vollmer	38th	2025		
Colby Grefe	72nd	2020		
Noah Kubat	16th	2019		
Noah Kubat	14th	2018	* State Medalist	
Noah Kubat	9th	2017	* State Medalist	
Noah Kubat	53rd	2016		
Luke Walkenhorst	53rd	2013		
Zach Kaup	35th	2008		
Matt Jamison	32nd	2004		

John Morrison	Champion	2001	* State Medalist		
John Morrison	5th	2000	* State Medalist		
Jeff Jensen	26th	1998			
Chad Morrison	7th	1995	* State Medalist		
Chad Morrison	50th	1994			
Tom Harmon		1981			
Ward Opfer	23rd	1978			
Tim Stork		1974			
Tim Stork		1973			
TEAM QUALIFIERS AND PLACINGS					
Kolby Tighe	6th	2024	* State Medalist		
Ashton Vollmer	39th	2024			
John Morrison	28th	2024			
Brayden Fuchs	100th	2024			
August Burns	103rd	2024			
Ethan Hilgenkamp	106th	2024			
Nolan May	23rd	2023			
Kolby Tighe	30th	2023			
Dallin Franzluebbers	60th	2023			
Kevin Flesner	69th	2023			
John Morrison	72nd	2023			

Trey Hill	76th	2023			
Kolby Tighe	42nd	2022			
Luke Hammang	72nd	2022			
John Morrison	73rd	2022			
Dallin Franzluebbers	93rd	2022			
Kevin Flesner	105th	2022			
Nolan May	DNF	2022			
Nolan May	8th	2021	* State Medalist		
Kevin Flesner	28th	2021			
Luke Hammang	69th	2021			
Dallin Franzluebbers	80th	2021			
Kolby Tighe	94th	2021			
Barrett Nielsen	99th	2021			
Noah Kubat	9th	2017	* State Medalist		
Sam Kubat	42nd	2017			
Alex Luttig	48th	2017			
Sam Anzalone	68th	2017			
Caleb Hancock	75th	2017			
Braden Rump	80th	2017			
Zac Newkirk	14th	2012	* State Medalist		
Matt Mellama	24th	2012			
Austin Sampson	59th	2012			
Nick Kaup	76th	2012			
Luke Walkenhorst	77th	2012			
Tim Dragt	92nd	2012			
Zac Newkirk	20th	2011			
Cody Pearson	47th	2011			
Matt Mellama	53rd	2011			

Nick Kaup	72nd	2011		
Austin Sampson	86th	2011		
Tim Dragt	87th	2011		
Cody Pearson	22nd	2010		
Zac Newkirk	29th	2010		
John Ryckman	56th	2010		
Zach Kaup	60th	2010		
Ben Dobson	75th	2010		
Nick Kaup	92nd	2010		
Zac Newkirk	34th	2009		
Zach Kaup	36th	2009		
Cody Pearson	50th	2009		
Ben Dobson	75th	2009		
John Ryckman	76th	2009		
Pat Donnelly	80th	2009		
Dan Christensen	6th	1993	* State Medalist	
Steve Russell	44th	1993		
Ben Misfeldt	50th	1993		
J P Rhea	57th	1993		
Chad Morrison	66th	1993		
Jason Holtz	78th	1993		
Dan Christensen	4th	1992	* State Medalist	
Eric Hartman	28th	1992		
Tracy Dierks	43rd	1992		
J P Rhea	63rd	1992		
Ben Misfeldt	71st	1992		
Steve Russell	80th	1992		
John Christensen	11th	1991	* State Medalist	

Shane Dwyer	34th	1991			
Eric Hartman	54th	1991			
Dan Christesen	56th	1991			
Tracy Dierks	67th	1991			
J P Rhea	77th	1991			
Bruce Larsen	16th	1990			
John Christensen	20th	1990			
Shane Dwyer	29th	1990			
Eric Hartman	77th	1990			
David Gnuse	78th	1990			
Troy Gunderson	DNF	1990			
Bruce Larsen	25th	1989			
Troy Hansen	29th	1989			
Troy Gunderson	37th	1989			
Shane Dwyer	43rd	1989			
Eric Hartman	48th	1989			
Lonnie Graver	31st	1985			
Randy McDowell	32nd	1985			
Troy Brainerd	70th	1985			
Pat Thompson	72nd	1985			
Ray Mather	100th	1985			
Brian Greunke	107th	1985			
Lonnie Graver	14th	1984			
Brian Greunke	32nd	1984			
Troy Brainerd	33rd	1984			
Brad Grefe	48th	1984			
Kelly Satter	59th	1984			
Todd Adelgren	37th	1983			

Lonnie Graver	40th	1983			
Brad Grefe	42nd	1983			
Brian Greunke	44th	1983			
Troy Brainerd	51st	1983			
Chris Gawert	12th	1982			
Mike Bellander	34th	1982			
Todd Adelgren	46th	1982			
Brian Fink	51st	1982			
Charlie Meyer		1975			
Tom Nielsen		1975			
Ward Opfer		1975			
Tim Stork		1975			
TOURNAMENT PLACINGS					
Raymond Central Invite	Champion	2025			
Arlington Invite	Runner Up	2024			
Blair Invite	Runner Up	2024			
Concordia Invite	Runner Up	2024			
Arlington Invite	Champion	2023			
Concordia Invite	Champion	2023			
Fort Calhoun Invite	Champion	2023			
Arlington Invite	Runner Up	2022			
Blair Invite	Runner Up	2022			
Concordia Invite	Champion	2022			
Fort Calhoun Invite	Runner Up	2022			
Arlington Invite	Runner Up	2021			

Fort Calhoun Invite	Runner Up	2021			
Arlington Invite	Runner Up	2019			
Fort Calhoun Invite	Runner Up	2019			
Raymond Central Invite	Runner Up	2016			
Arlington Invite	Runner Up	2012			
Logan View Invite	Champion	2012			
Fort Calhoun Invite	Runner Up	2011			
Logan View Invite	Champion	2011			
Raymond Central Invite	Runner Up	2011			
Arlington Invite	Runner Up	2010			
Fort Calhoun Invite	Runner Up	2010			
Logan View Invite	Runner Up	2010			
Raymond Central Invite	Champion	2010			
Arlington Invite	Runner Up	2009			
Bennington Invite	Runner Up	2009			
Logan View Invite	Champion	2009			
Raymond Central Invite	Runner Up	2009			
Logan View Invite	Runner Up	2008			
Logan View Invite	Runner Up	2002			
Fort Calhoun Invite	Runner Up	1999			
Arlington Invite	Champion	1998			
Fort Calhoun Invite	Champion	1998			
Arlington Invite	Champion	1997			

Fort Calhoun Invite	Runner Up	1997			
Bergan Invite	Champion	1996			
Fort Calhoun Invite	Champion	1996			
Arlington Invite	Champion	1995			
Fort Calhoun Invite	Champion	1995			
Fort Calhoun Invite	Runner Up	1994			
Bergan Invite	Runner Up	1991			
Bergan Invite	Champion	1990			
Blair Invite	Champion	1990			
David City Aquinas Invite	Champion	1990			
North Bend Invite	Champion	1990			
Bergan Invite	Runner Up	1989			
David City Aquinas Invite	Runner Up	1989			
Bergan Invite	Runner Up	1987			
Bergan Invite	Champion	1986			
North Bend Invite	Champion	1986			
Bergan Invite	Champion	1985			
Blair Invite	Champion	1985			
David City Aquinas Invite	Champion	1985			
North Bend Invite	Runner Up	1985			
David City Aquinas Invite	Runner Up	1984			
Bergan Invite	Runner Up	1981			

Bergan Invite	Runner Up	1980			